

Being My Best Page Year 2

Key questions

How do we learn?

What choices do we make for ourselves and what choices do others make for us?

How can we stop germs spreading?

Why do we need to brush our teeth?

What does my body need to grow strong and healthy?

What does my body do?

achieve injection germs

brain choices rest

soap vaccination choose

healthy large intestine water

lungs stomach energy

learn food small intestine teeth

Lesson Progression

Wk	Lesson
1	You can do it!
2	My day
3	Harold's postcard - helping us to keep clean and healthy
4	Harold's bathroom
5	My body needs...
6	What does my body do?

Resources

Coram Life Education