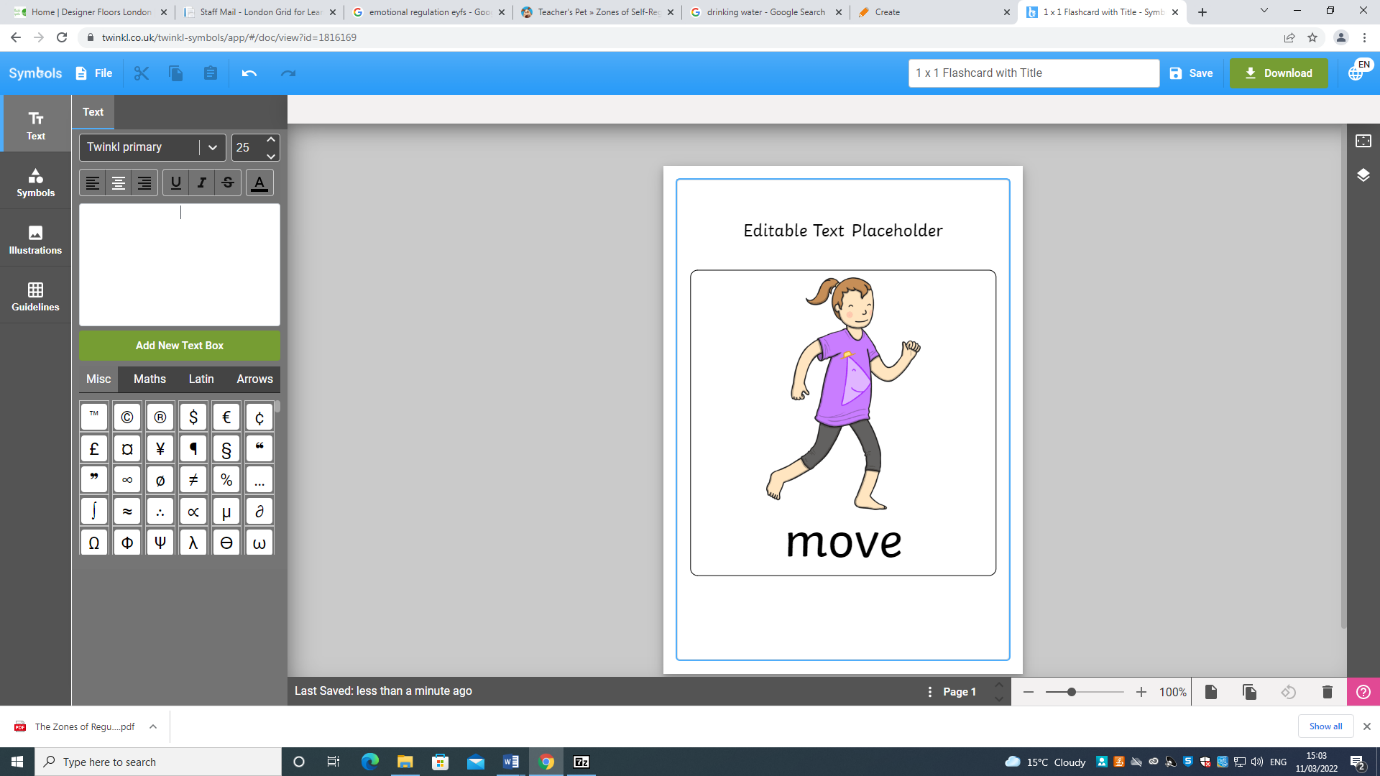
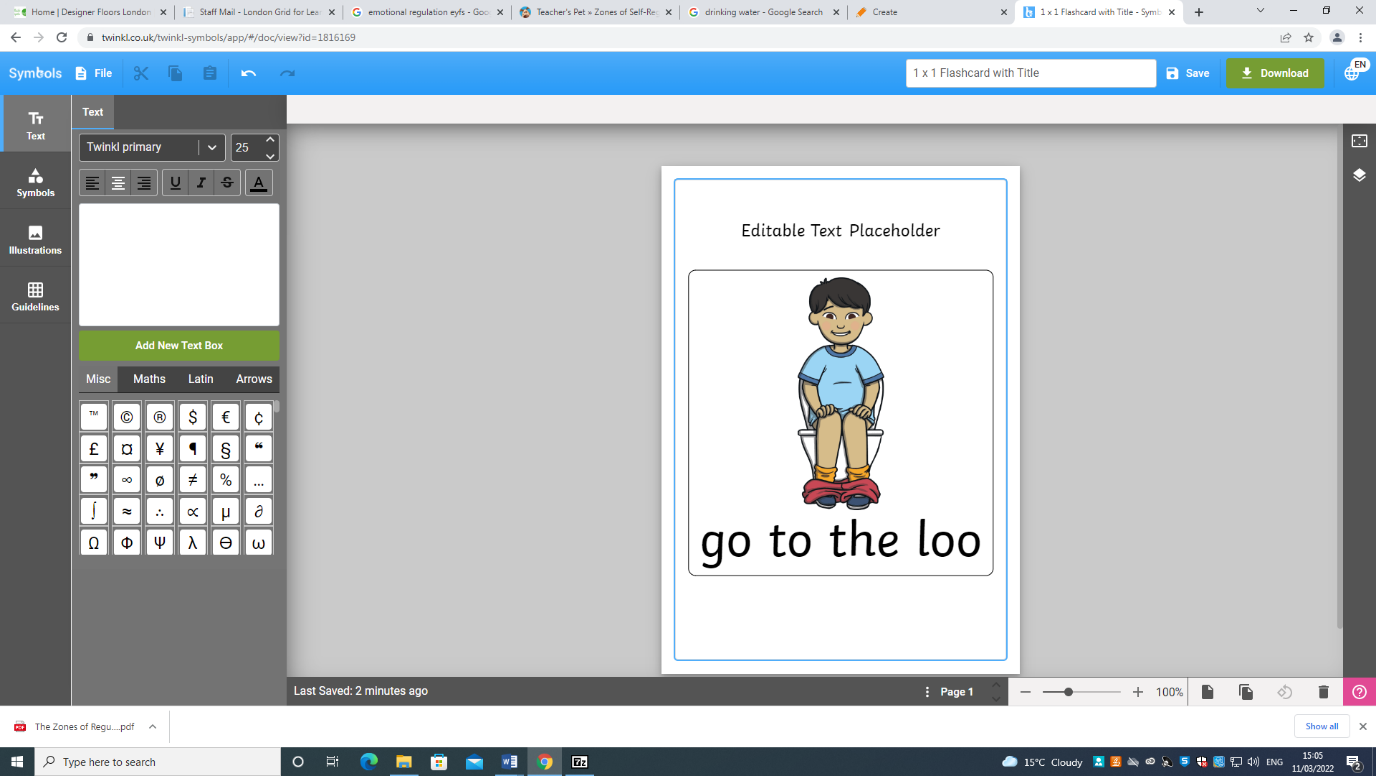
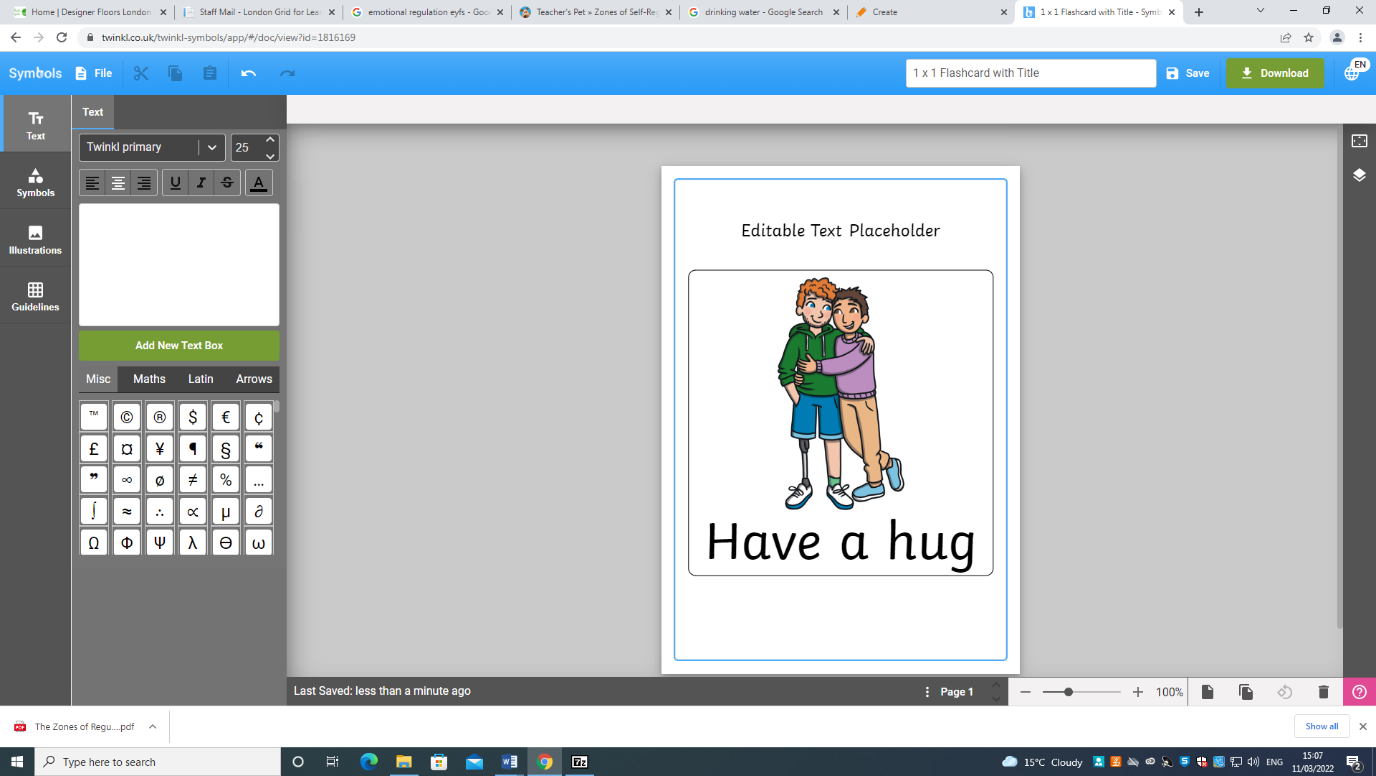
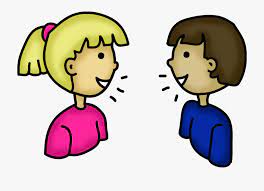
 

What can I do to help myself?



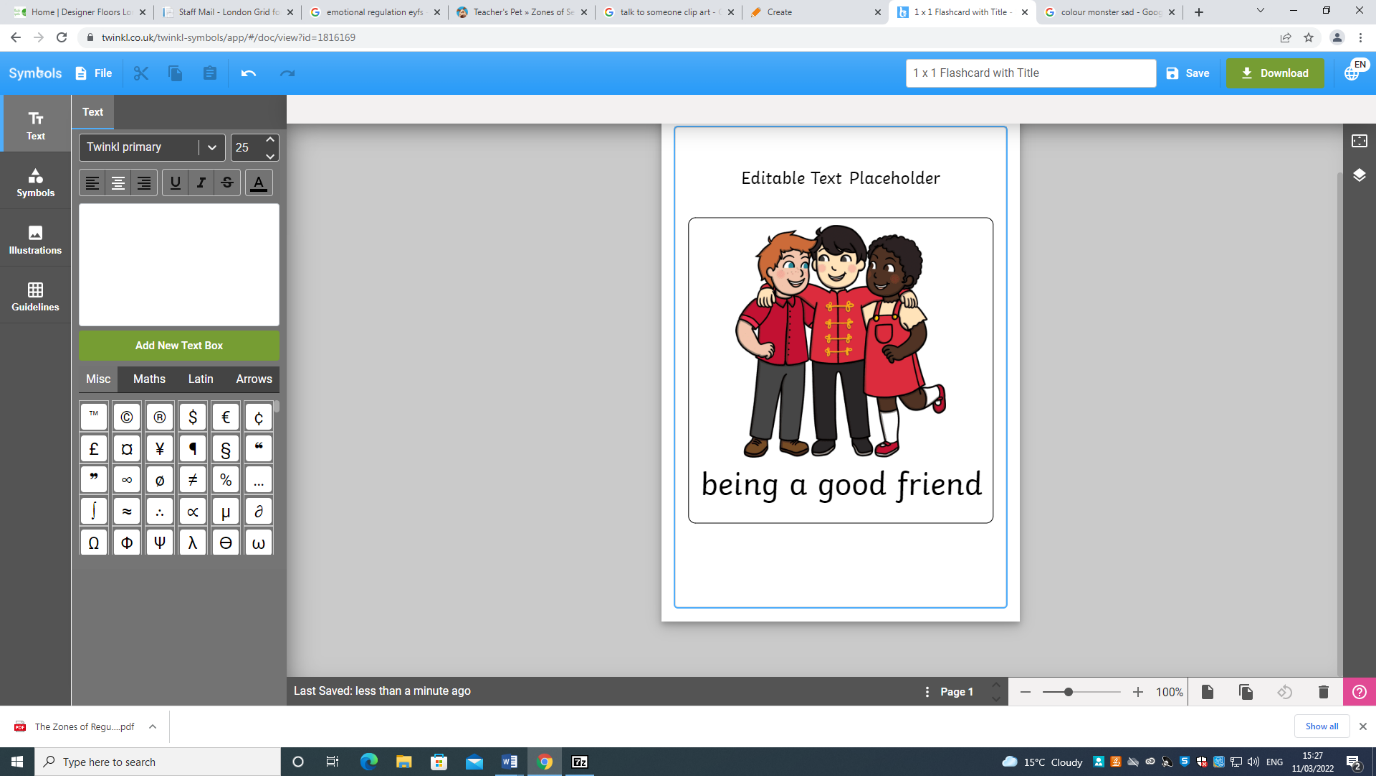


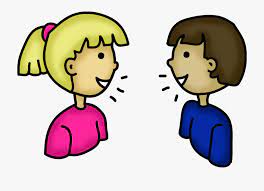
Talk to someone

You are ready for………..

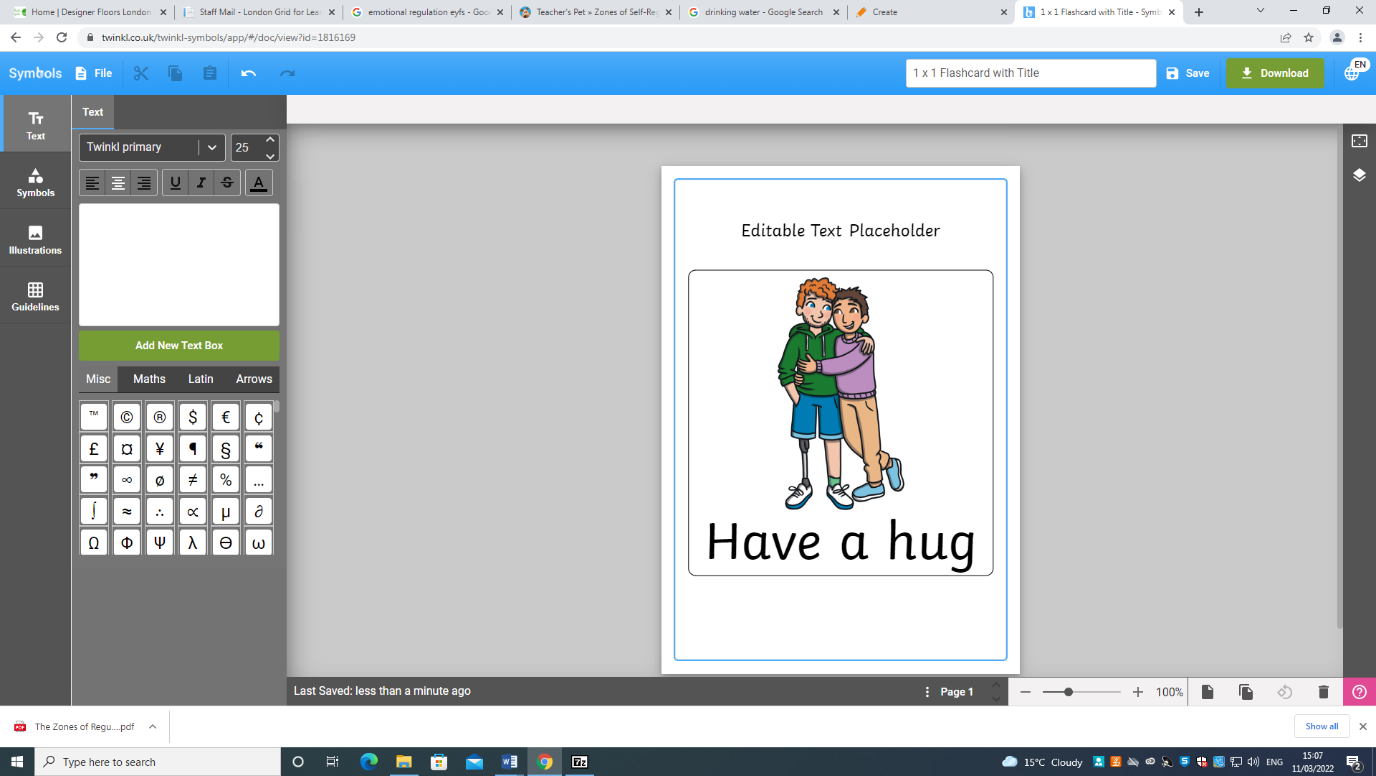




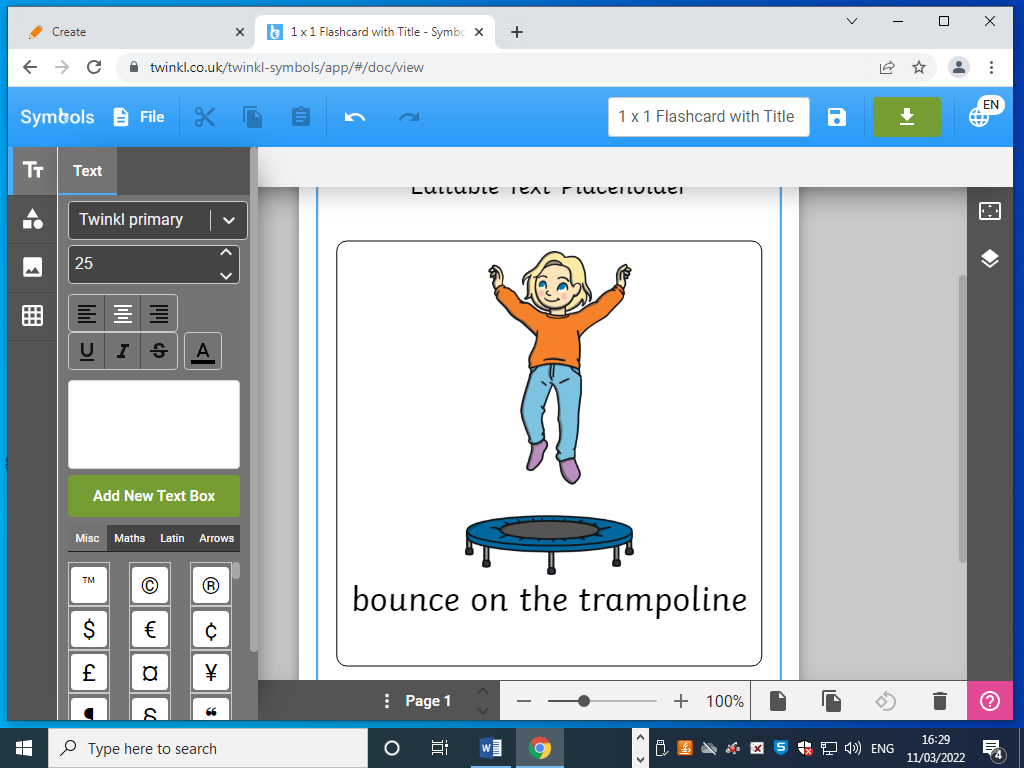
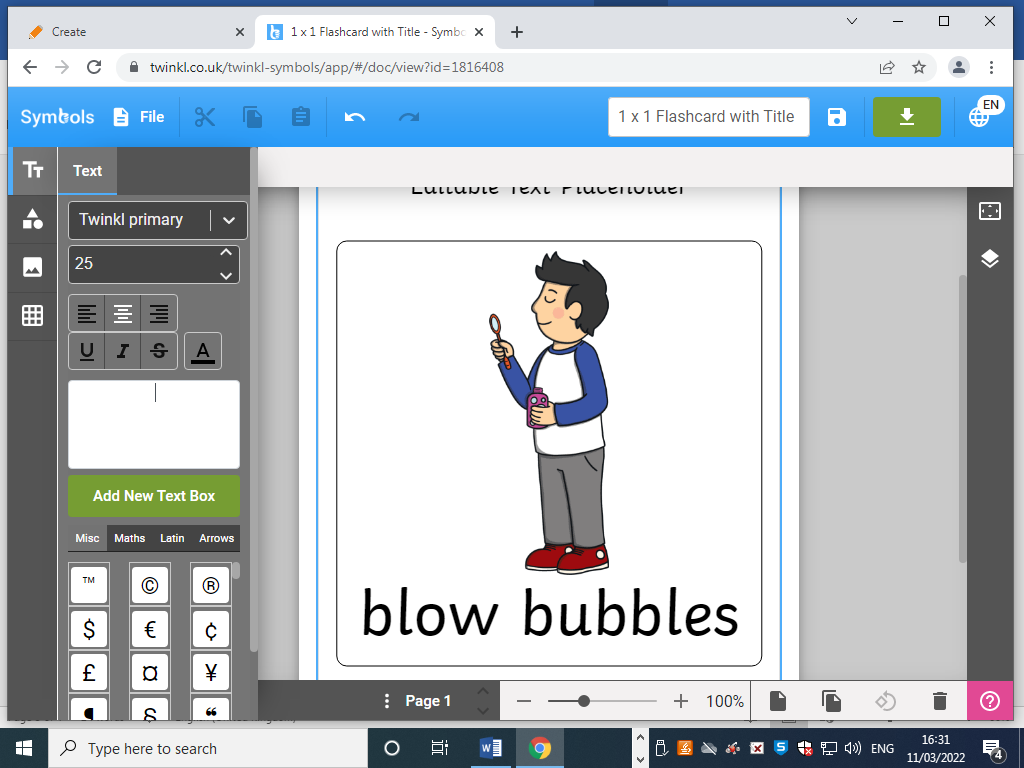
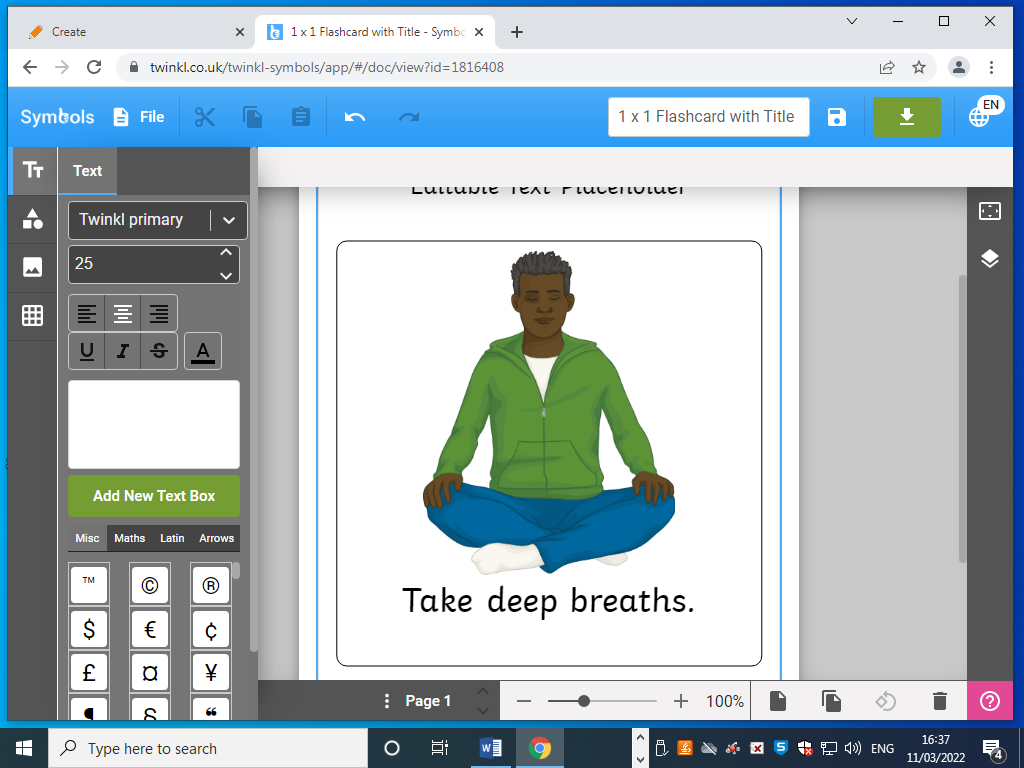


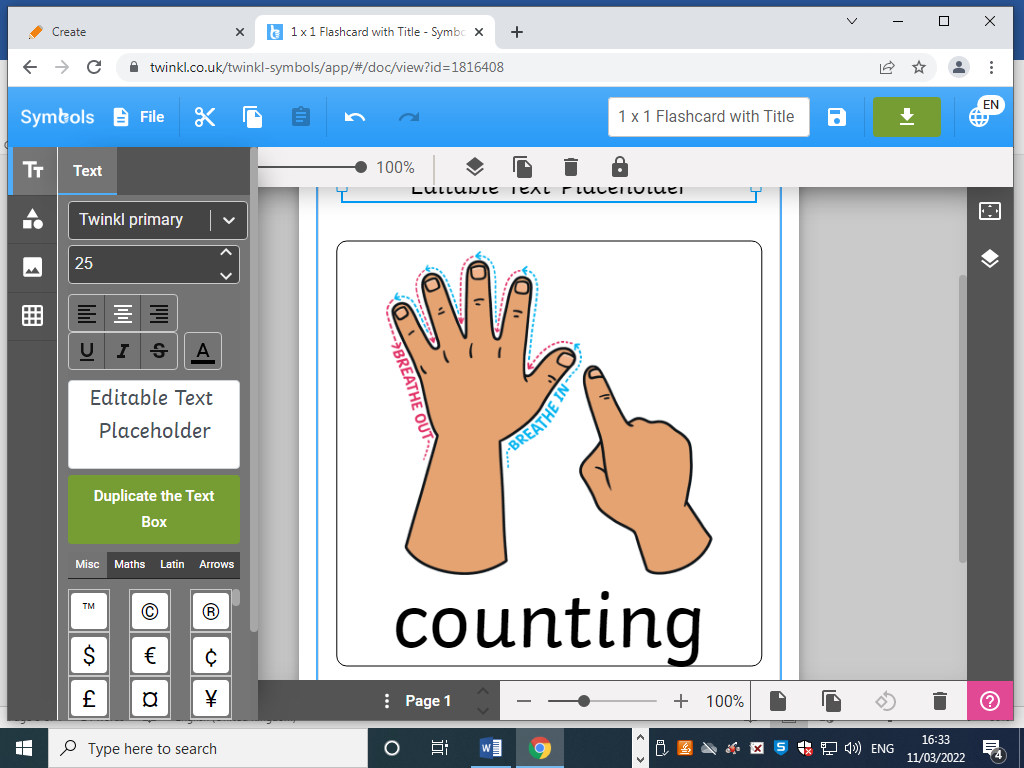


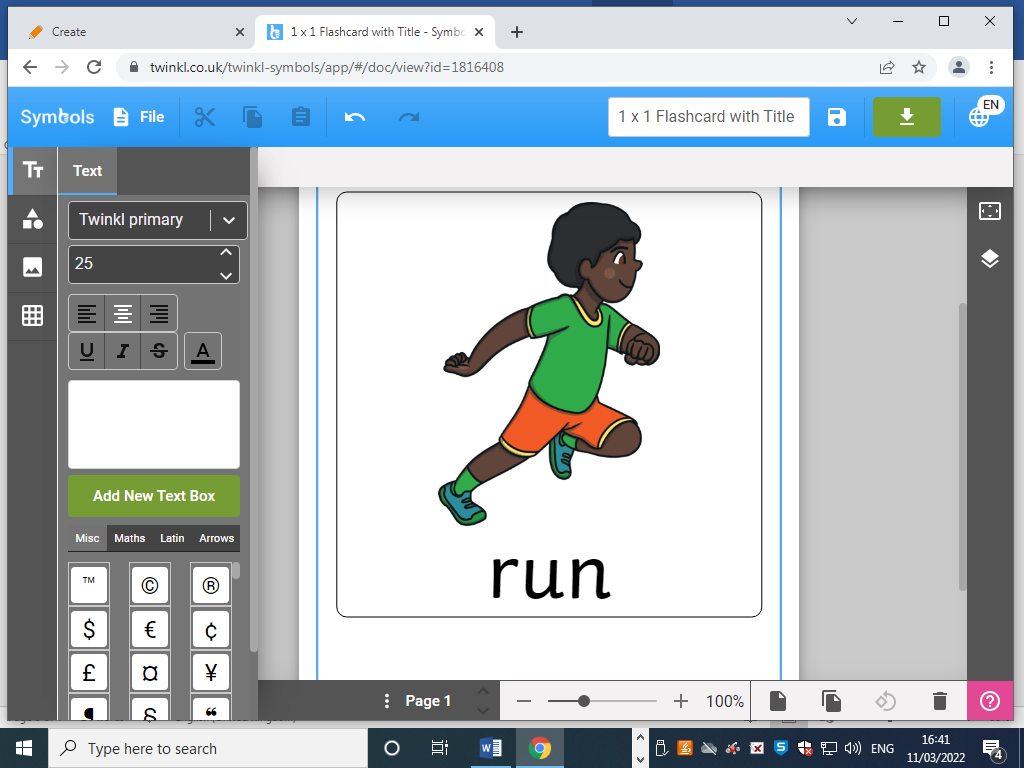
What can I do to help myself?



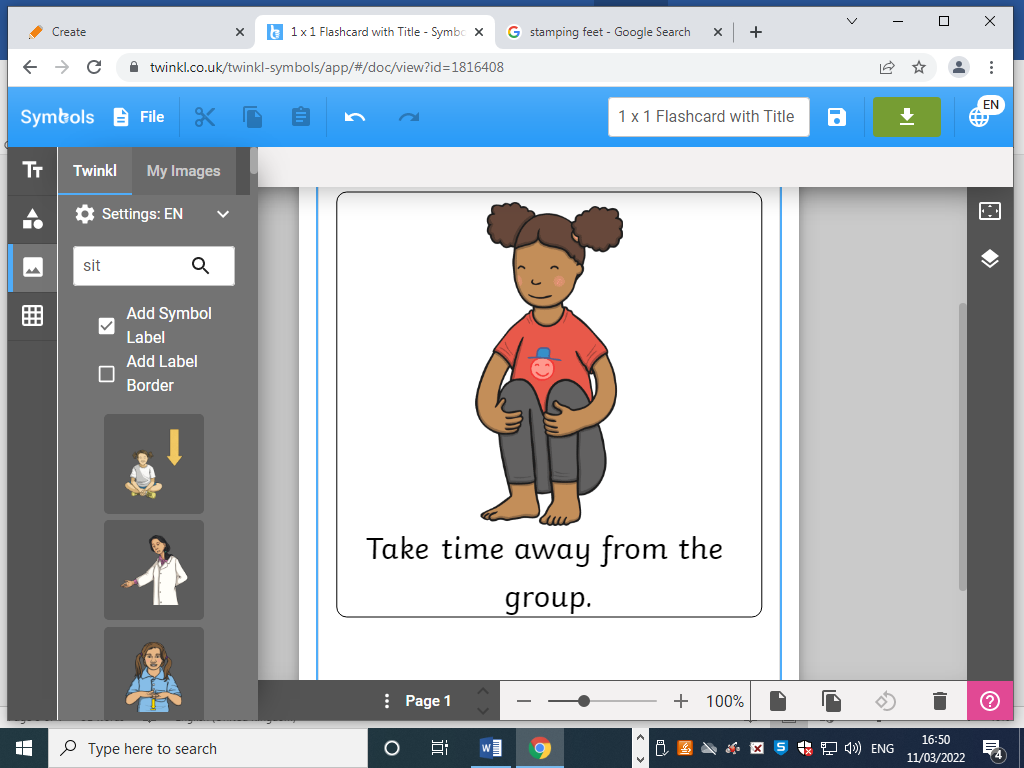
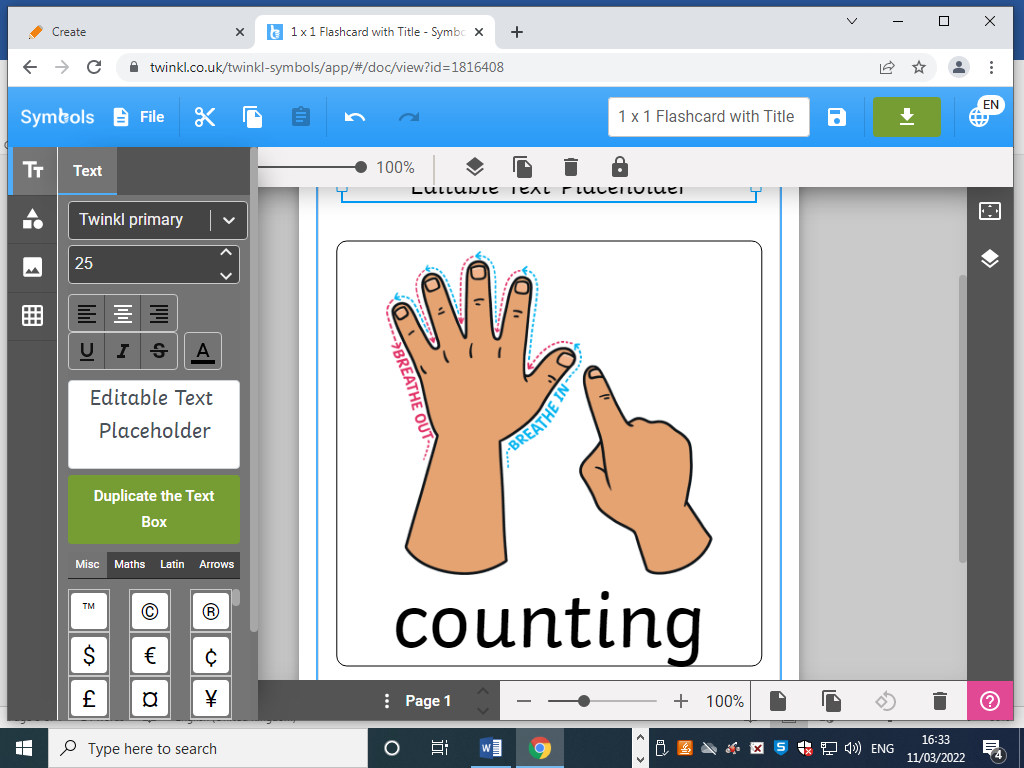
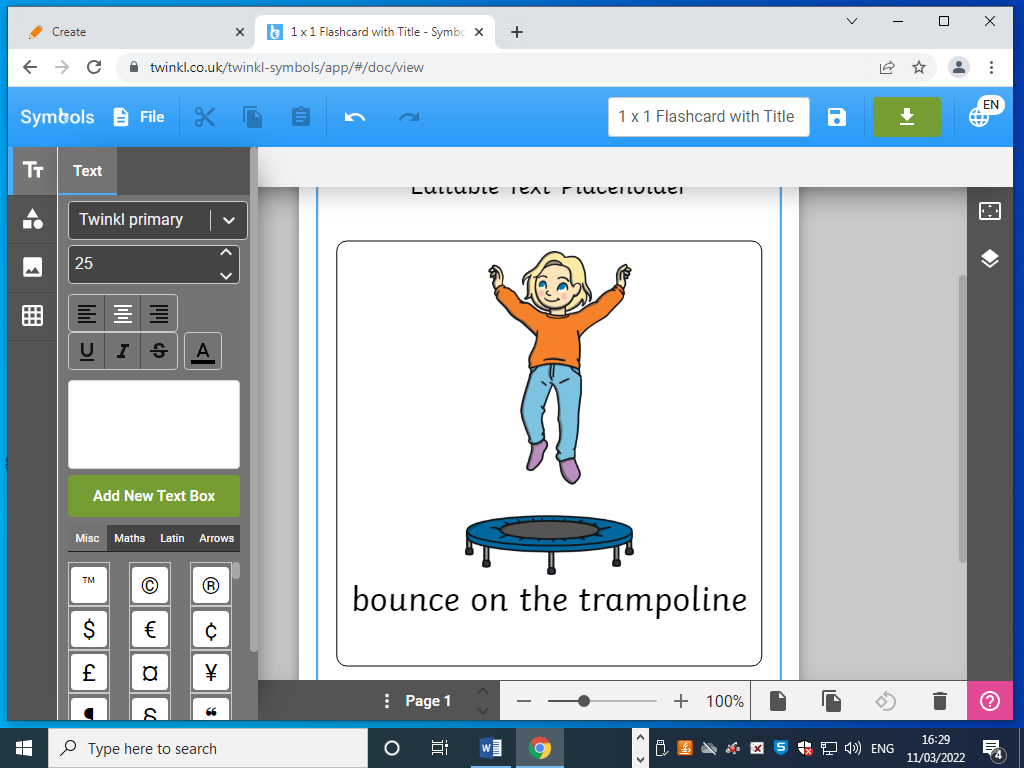
Talk to someone



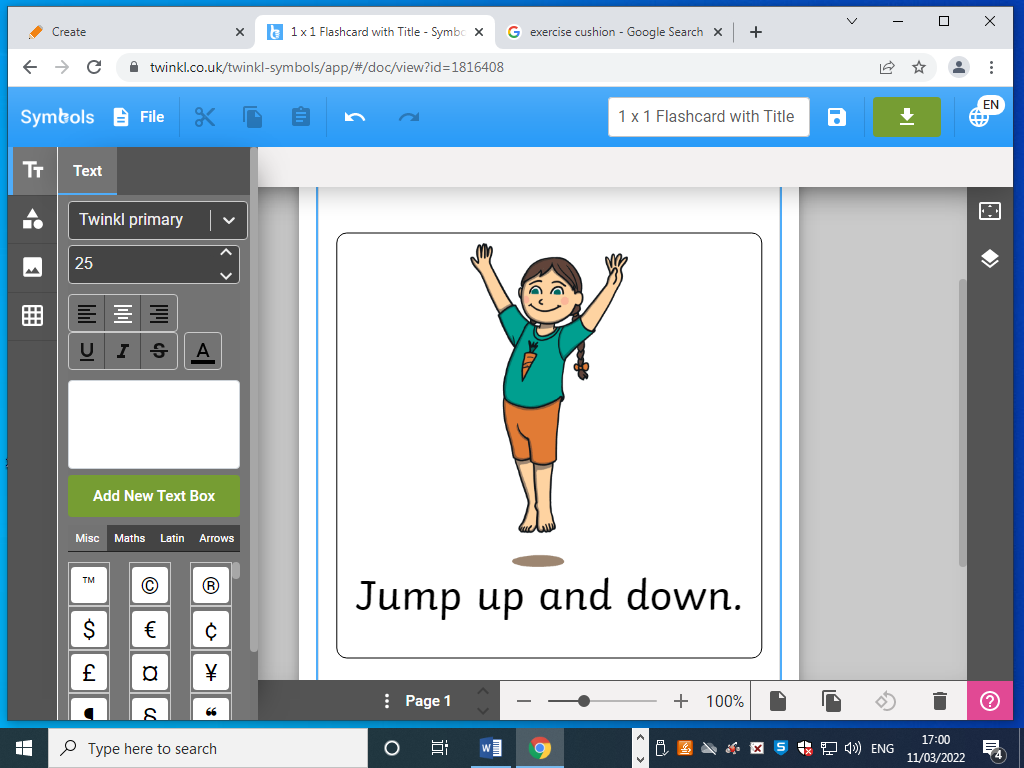
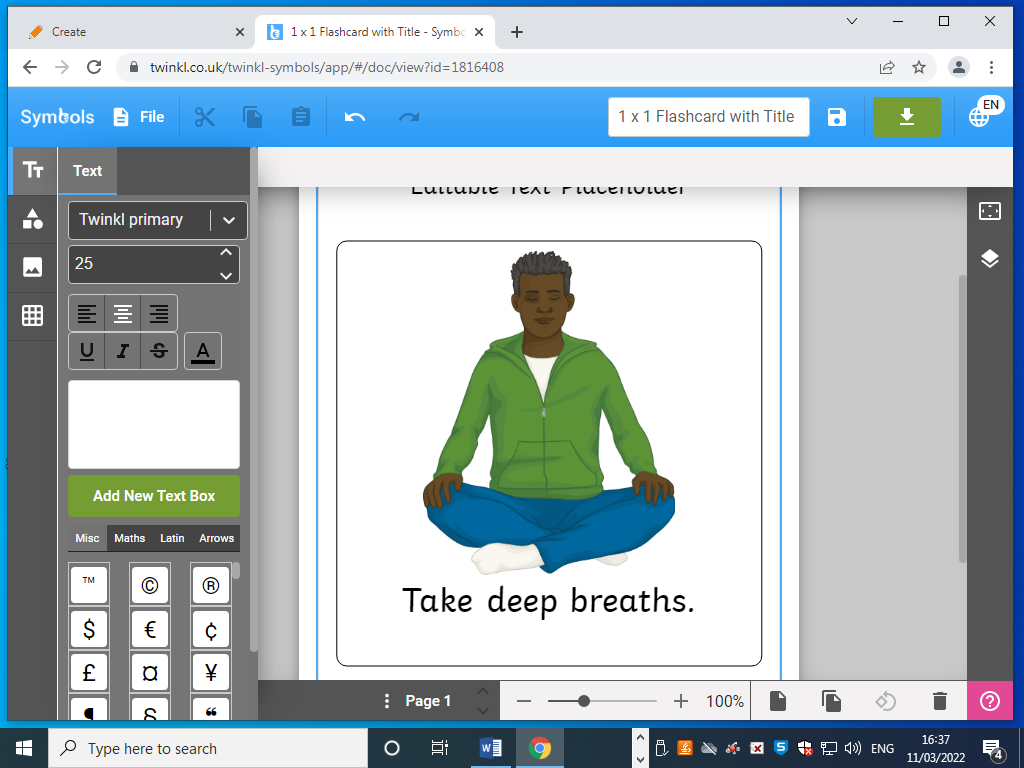


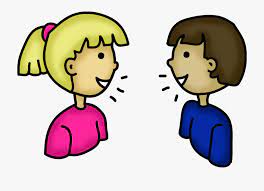


Use the wobble spot.



What can I do to help myself?





Talk to someone