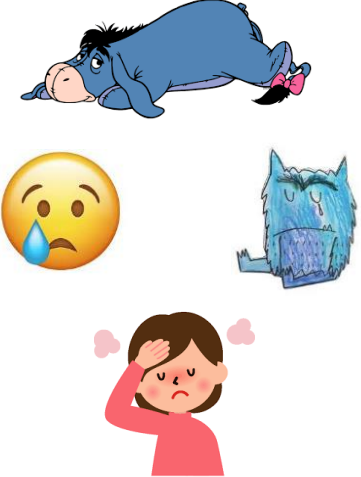
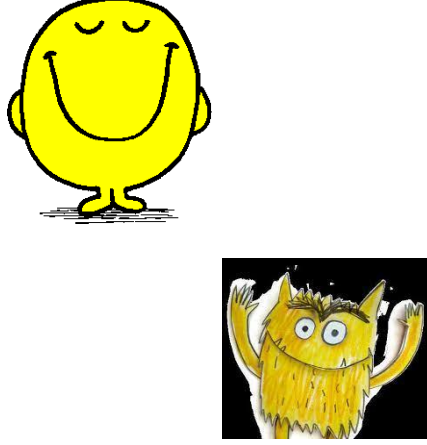




Zones of Regulation

Blue	Green	Yellow	Red
			
<p>Bored Lonely Sad Tired unwell</p>	<p>Calm Content Focused Happy Ready to learn or play</p>	<p>Anxious Confused Excited Worried frustrated</p>	<p>Angry Aggressive Hyper Terrified</p>

