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| **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Me and My Relationships** | **Valuing Difference** | **Keeping Myself Safe** | **Rights and Responsibilities** | **Being my best** | **Growing and Changing** |
| [An email from Harold!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/an-email-from-harold)  [Ok or not ok? (part 1)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/ok-or-not-ok-part-1)  [Ok or not ok? (part 2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/ok-or-not-ok-part-2-1)  [Human machines](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/human-machines)  [Different feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/different-feelings)  [When feelings change](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/when-feelings-change)  [Under pressure](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/under-pressure)  **How do our emotions effect our physical state?**  **What is a healthy, positive relationship?**  **How can I be assertive?**  **How can I work successfully in a team?**  **What are the range of feelings I can have?**  **Can my feelings change?**  **What can I do if I see bullying or am being bullied?** | [Can you sort it?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/can-you-sort-it)  [Islands](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/islands)  [Friend or acquaintance?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/friend-or-acquaintance)  [What would I do?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-would-i-do-)  [The people we share our world with](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/the-people-we-share-our-world-with)  [That is such a stereotype!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/that-is-such-a-stereotype)  **What is a ‘negotiation’ and what is a ‘compromise’?**  **How can I protect my ‘body space’ and who can help if it being invaded?**  **What are the different relationships I have?**  **How can I deal with aggressive behaviour?**  **How can I demonstrate respect?**  **What is a stereotype?** | [Danger, risk or hazard?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/danger-risk-or-hazard)  [Picture Wise](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/picture-wise)  [How dare you!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-dare-you)  [Medicines: check the label](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/medicines-check-the-label)  [Know the norms (formerly Tell Mark II)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/know-the-norms-formerly-tell-mark-ii)  [Keeping ourselves safe](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/keeping-ourselves-safe)  [Raisin challenge (2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/raisin-challenge-2)  **What situations are a danger, risk or hazard?**  **What strategies can I use for safe, online learning?**  **What is a dare?**  **Why and how do we safely use medicines?**  **What are the key risks of smoking and alcohol?**  **How can I manage risk?**  **What can influence us positively or negatively?** | [Who helps us stay healthy and safe?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/who-helps-us-stay-healthy-and-safe)  [It's your right](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/its-your-right)  [How do we make a difference?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-do-we-make-a-difference-1)  [In the news!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/in-the-news)  [Safety in numbers](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/safety-in-numbers)  [Logo quiz](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/logo-quiz)  [Harold's expenses](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-expenses)  [Why pay taxes?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/why-pay-taxes-1)  **Who helps me stay healthy and safe?**  **What rights and responsibilities do I have?**  **How can I make a difference in school?**  **How can I be influenced?**  **How do my actions influence outcomes?**  **What do we spend our money on?** | [What makes me ME! (formerly Diversity World)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-makes-me-me-formerly-diversity-world)  [Making choices (formerly Conformatron control)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/making-choices-formerly-conformatron-control)  [SCARF Hotel (formerly Diversity World Hotel)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/scarf-hotel-formerly-diversity-world-hotel-1)  [Harold's Seven Rs](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-seven-rs)  [My school community (1)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-school-community-1)  [Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid-3)  **Why is everyone unique?**  **Will I always make the same choices as my friends?**  **How does food effect my physical and mental health?**  **How can I care for the environment?**  **Who supports our school community?**  **How do I help in a first aid emergency?** | [Moving house](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/moving-house-1)  [My feelings are all over the place!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-feelings-are-all-over-the-place)  [All change!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/all-change)  [Period positive](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/period-positive)  [Secret or surprise?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/secret-or-surprise-1)  [Together](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/together)  **Who can help us deal with change?**  **What is puberty and how can it affect our emotions?**  **How are men and women different?**  **How can I ask for help if a secret makes me uncomfortable?**  **What is marriage?** |