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| **Autumn 1**  | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1**  | **Summer 2**  |
| **Me and My Relationships**  | **Valuing Difference** | **Keeping Myself Safe** | **Rights and Responsibilities**  | **Being my best**  | **Growing and Changing**  |
| [An email from Harold!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/an-email-from-harold)[Ok or not ok? (part 1)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/ok-or-not-ok-part-1)[Ok or not ok? (part 2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/ok-or-not-ok-part-2-1)[Human machines](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/human-machines)[Different feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/different-feelings)[When feelings change](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/when-feelings-change)[Under pressure](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/under-pressure)**How do our emotions effect our physical state?****What is a healthy, positive relationship?** **How can I be assertive?****How can I work successfully in a team?****What are the range of feelings I can have?****Can my feelings change?****What can I do if I see bullying or am being bullied?**  | [Can you sort it?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/can-you-sort-it) [Islands](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/islands)[Friend or acquaintance?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/friend-or-acquaintance)[What would I do?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-would-i-do-)[The people we share our world with](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/the-people-we-share-our-world-with)[That is such a stereotype!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/that-is-such-a-stereotype)**What is a ‘negotiation’ and what is a ‘compromise’?****How can I protect my ‘body space’ and who can help if it being invaded?****What are the different relationships I have?****How can I deal with aggressive behaviour?****How can I demonstrate respect?****What is a stereotype?** | [Danger, risk or hazard?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/danger-risk-or-hazard)[Picture Wise](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/picture-wise)[How dare you!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-dare-you)[Medicines: check the label](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/medicines-check-the-label) [Know the norms (formerly Tell Mark II)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/know-the-norms-formerly-tell-mark-ii) [Keeping ourselves safe](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/keeping-ourselves-safe)[Raisin challenge (2)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/raisin-challenge-2)**What situations are a danger, risk or hazard?** **What strategies can I use for safe, online learning?** **What is a dare?** **Why and how do we safely use medicines?****What are the key risks of smoking and alcohol?****How can I manage risk?****What can influence us positively or negatively?** | [Who helps us stay healthy and safe?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/who-helps-us-stay-healthy-and-safe)[It's your right](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/its-your-right)[How do we make a difference?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/how-do-we-make-a-difference-1)[In the news!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/in-the-news)[Safety in numbers](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/safety-in-numbers)[Logo quiz](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/logo-quiz)[Harold's expenses](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-expenses)[Why pay taxes?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/why-pay-taxes-1)**Who helps me stay healthy and safe?** **What rights and responsibilities do I have?****How can I make a difference in school?** **How can I be influenced?** **How do my actions influence outcomes?****What do we spend our money on?**  | [What makes me ME! (formerly Diversity World)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-makes-me-me-formerly-diversity-world) [Making choices (formerly Conformatron control)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/making-choices-formerly-conformatron-control) [SCARF Hotel (formerly Diversity World Hotel)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/scarf-hotel-formerly-diversity-world-hotel-1) [Harold's Seven Rs](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/harolds-seven-rs)[My school community (1)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-school-community-1)[Basic first aid](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/basic-first-aid-3)**Why is everyone unique?****Will I always make the same choices as my friends?** **How does food effect my physical and mental health?****How can I care for the environment?****Who supports our school community?****How do I help in a first aid emergency?** | [Moving house](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/moving-house-1)[My feelings are all over the place!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-feelings-are-all-over-the-place)[All change!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/all-change)[Period positive](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/period-positive)[Secret or surprise?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/secret-or-surprise-1)[Together](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/together)**Who can help us deal with change?****What is puberty and how can it affect our emotions?****How are men and women different?****How can I ask for help if a secret makes me uncomfortable?****What is marriage?** |