

Year 5 Learning Focuses					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Me and My Relationships	Valuing Difference	Keeping Myself Safe	Rights and Responsibilities	Being my best	Growing and Changing –subject to change dependent on puberty workshop
<p>How can I work collaboratively?</p> <p>How can I resolve a difficult issue or situation?</p> <p>What are key qualities of friendship?</p> <p>Who can I talk to if I'm in an unhealthy relationship?</p> <p>How can I demonstrate assertive behaviour?</p> <p>What are our emotional needs?</p> <p>Why is responsible and respectful</p>	<p>Why do some friendships end?</p> <p>How do respond to others respectfully?</p> <p>What is discrimination and how does it affect others?</p> <p>Why is living in a diverse society beneficial for all?</p> <p>Should we believe everything we read online?</p> <p>How can an individual's actions effect someone(s) positively or negatively?</p>	<p>What is a habit? Should I take that risk?</p> <p>What strategies can help those being bullied?</p> <p>How can I stand up for myself?</p> <p>What should I do in a risky situation?</p> <p>How can I protect myself when going online?</p> <p>How can medicines be helpful or harmful?</p>	<p>How can I get reliable information about my health and wellbeing?</p> <p>What is the difference between fact or opinion?</p> <p>What's the difference between rights, responsibilities and duties?</p> <p>Why is being part of a community good for me?</p> <p>Why do we need to be responsible with money?</p>	<p>What are harmful substances?</p> <p>What do our internal organs do?</p> <p>What are my strengths?</p> <p>How could we improve our school community?</p> <p>Who helps me and how can I help them?</p> <p>What 'star' qualities do you and I have?</p> <p>How can I help quickly in a first aid emergency?</p>	<p>*Puberty workshop – see statements of progression for specific statements</p> <p>Why do we need resilience?</p> <p>How can I deal with uncomfortable situations?</p> <p>How can I help someone who feels sad?</p> <p>What is puberty and how will it affect me?</p> <p>How and why does puberty effect boys and girls the same/differently?</p> <p>How can positive or negative behaviours affect others?</p>

behaviour needed in all forms of communication?		Why do you need boundaries in friendships?			When might I need to break a confidence? Why and how do I show respect to those who are different from me?
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